

## **Volunteer Opportunities**

Rising demand for our food and services means that we need volunteers more than ever. Now is the time to come together to help us Feed Hope! No matter what you do, from repacking food to preparing newsletters, know that your time and efforts will help us more efficiently serve hungry families.

If you have any questions or would like to stand up and make a difference, please contact our Volunteer Coordinator, Jaime Robards, at 263-3784 or by email at [JRobards@FeedingAmerica.org](mailto:JRobards@FeedingAmerica.org).

## **Warehouse Positions**

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We have daily opportunities for individuals and groups in our warehouse. Volunteers inspect, sort, box and prepare donations for distribution to our partner agencies. We also accept community service volunteers.

## **Group Volunteering**

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Workplace events and other groups are welcome to volunteer at the Food Bank. By working together on a community focused project, employees reap the benefits of community involvement, pride and a sense of accomplishment.

We encourage you to double or triple your impact with corporate matching gifts that help us feed the hungry across Alabama. Remember, for every dollar you donate the MAFB can provide 6.5 pounds of food.

## **Friends of the Food Bank**

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If you have a passion of special events or want to gain some valuable experience and love the MAFB mission of feeding those in need, please consider forming a Friends of the Food Bank group! It's a great way for you and your friends, family, and neighbors to support our work.

Friends groups fundraise on behalf of the Food Bank by organizing special events and functioning as activists for the MAFB in their communities. It's a fun, social way to volunteer your time and talents to a truly worthy mission. Please [click here](#) for inspiration that will help you design your own event. We encourage you to develop fundraisers tailored to your group's specific talents and interests!

## **Participate in our Plant-A-Row Program**

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Got a green thumb? Most of us home gardeners have plenty of extra produce on hand- we give it to our neighbors and friends to show how much we care. We encourage you to donate a portion of your fresh fruits and vegetables to the Food Bank to help us provide fresh, healthy produce to families in need. Consider planting an extra row specifically for donations, this will make a tremendous impact on the long-term nutritional well-being of those we serve.

Individuals, gardening clubs, local farms and farmer's markets, businesses such as garden supply stores and landscapers, and others may join. For more information, please contact Gretchen Kindrick at 263-3784 or [gkindrick@feedingamerica.org](mailto:gkindrick@feedingamerica.org).

### **Administrative Support**

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From time to time, we have a variety of administrative projects where volunteer assistance is greatly appreciated. Usually, these opportunities include activities such as filing or preparing newsletters for distribution.

### **Professional Support**

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Volunteering with the MAFB is a great way for professionals to give back to the community. If you have a specific talent or specialty that you would like to offer, contact the Volunteer Coordinator and tell us about it! Don't be discouraged if we don't have an immediate need- we will keep you in mind as future opportunities arise.

\*We have a particular need for photographers who are willing to attend MAFB events, Mobile Pantries, etc. and document our activities!