

JUST HOW LONG



FOOD GOOD?



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PRODUCT SHELF LIFE LIST AS OF January 2009

COMPILED BY
MONTGOMERY AREA
FOOD BANK

FROM NATIONAL
MANUFACTURERS

(Pages 4-25)



Product Shelf Life List

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Baby Food (Gerber)	Baby food	3-6 months	Gerber	4/2/2007	3-month extension for Gerber foods in plastic jars, 6-month Extension of Gerber foods in glass jars and all other packaging. https://www.hungernet.org/Operations/FoodSafety/Standards/Standards%20Document%20Library/Gerber%20Expiration%20Date%20Extensions%20Letter%202007.pdf
Baby cereal Del Monte (oatmeal based)	Baby food	30 days	Del Monte	8/28/2006	Del Monte only
Baby cereal Del Monte (rice based)	Baby food	60 days	Del Monte	8/28/2006	Del Monte only
Baby food (jarred) Del Monte	Baby food	60 days	Del Monte	8/28/2006	Del Monte only
Infant Formula	Baby food	0 days	Nestle's	3/1/2003	Good Start, Follow-up and Carnation Alsoy brands
Bakers, Calumet, Certo, Everfresh Kraft	Baking Ingredients	60 days	Kraft	3/1/2003	Kraft products only
Baking items	Baking Ingredients	6 months	General Mills	2/1/2007	General Mills only
Baking Powder	Baking Ingredients	6 months	N/A	12/23/2003	
Biscuit or pancake mix	Baking Ingredients	15 months	N/A	12/23/2003	
Bread mixes	Baking Ingredients	18 months	N/A	12/23/2003	
Cakes & brownie mixes	Baking Ingredients	18 months	N/A	12/23/2003	
Cooking oil	Baking Ingredients	6 months	N/A	12/23/2003	

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Cornmeal	Baking Ingredients	12 months	N/A	12/23/2003	
Cornstarch	Baking Ingredients	18 months	N/A	12/23/2003	
Dry Tenderizers/S pice Blends <u>Lawry</u>	Baking Ingredients	2 years	Unilever Bestfoods	6/26/2006	Lawry's only , 6 month extension - Network Connection - Volume 2, Issue 3
Flour- Wheat	Baking Ingredients	1 month	N/A	12/23/2003	6-8 months in refrigerator
Flour- White	Baking Ingredients	12 months	N/A	12/23/2003	
Frosting- canned	Baking Ingredients	10 months	N/A	12/23/2003	
Frosting mixes	Baking Ingredients	12 months	N/A	12/23/2003	
Garlic, chopped (jars)	Baking Ingredients	18 months	N/A	12/23/2003	
Gravy- dry mixes	Baking Ingredients	2 years	N/A	12/23/2003	
Herbs- dried	Baking Ingredients	2 years	N/A	12/23/2003	
Liquid Marinade and Stir Fry, <u>Lawry</u>	Baking Ingredients	1 year	Unilever Bestfoods	1/19/2006	Lawry's only , 3 month extension - Network Connection - Volume 2, Issue 3
Molasses	Baking Ingredients	12 months	N/A	12/23/2003	
Olive Oil <u>Bertelli</u>	Baking Ingredients	60 days	Unilever Bestfoods	6/26/2006	Bertelli Olive Oil only , no extension - Network Connection - Volume 2, Issue 3
Sauces (cream with milk)	Baking Ingredients	1 year	N/A	12/23/2003	
Seasonings, dry <u>Adolph's</u>	Baking Ingredients	2 years	Unilever Bestfoods	1/19/2006	Adolph's only , 6 month extension - Network Connection - Volume 2, Issue 3

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Shortening	Baking Ingredients	8 months	N/A	12/23/2003	
Spices	Baking Ingredients	3 years	N/A	12/23/2003	
Spices red pepper, chili powder	Baking Ingredients	2 years	N/A	12/23/2003	
Sugar substitutes	Baking Ingredients	2 years	N/A	12/23/2003	
Sugar, brown	Baking Ingredients	4 months	N/A	12/23/2003	
Sugar, granulated	Baking Ingredients	2 years	N/A	12/23/2003	
Taco Bell red sauces, salsa con queso, seasonings Kraft	Baking Ingredients	120 days	Kraft	3/1/2003	Kraft products only
Taco sauce mix	Baking Ingredients	2 years	N/A	12/23/2003	
Vanilla, lemon, all extracts	Baking Ingredients	3 years	N/A	12/23/2003	
Apple Juice (canned)	Beverages	18 months	N/A	6/1/1997	
Baby juice - Del Monte	Beverages	60 days	Del Monte	8/28/2006	Del Monte only
Cappucino Kraft	Beverages	60 days	Kraft	3/1/2003	Kraft products only
Capri Sun Kraft	Beverages	18 days (dry mix) 60 days (bottles or pouches)	Kraft	3/1/2003	Kraft products only
Citrus products (guava, kiwi-strawberry) Ocean Spray	Beverages	30 days	Ocean Spray	3/1/2003	Ocean Spray only

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Coffee (instant)	Beverages	12 months	N/A	12/23/2003	
Coffee (starbucks) Kraft	Beverages	365	Kraft	3/1/2003	Kraft products only - onsite only
Coffee Creamer (liquid/non-dairy)	Beverages	9 months	N/A	5/26/2005	Non-dairy only
Coffee Kraft brands (see remarks)	Beverages	180 days	Kraft	3/1/2003	Kraft brands (Burlaps, Gen. Foods, Hotel & Rest., Jedi, Maxwell House, Origins, Sanka, Office Coffee Systems)
Country Time Kraft	Beverages	18 days (dry mix) 60 days (bottles or pouches)	Kraft	3/1/2003	Kraft products only
Gatorade	Beverages	9 months	N/A	5/17/2005	Website info
Grape Juices (canned)	Beverages	12 months	N/A	6/1/1997	
Grapefruit Juice (canned)	Beverages	24 months	N/A	6/1/1997	
Hot Chocolate, Cappucino Kraft	Beverages	60 days	Kraft	3/1/2003	Kraft products only
Juice-Knudsen Sparkling	Beverages	2 yrs			2 yrs from manufacture
Juices - canned	Beverages	18 months	N/A	12/23/2003	
Juices - Minute Maid	Beverages	10 days	Minute Maid	1/5/2004	10 day extension on all Minute Maid products Chilled product may be frozen prior to expiration for ON-SITE ONLY
Juicy Juice (cans)	Beverages	12 months	Nestle's	3/1/2003	
Juicy Juice (little boxes)	Beverages	3 months	Nestle's	3/16/2003	Offer # N160056 of 3/15/05 showed 6 months ext

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Kool-Aid <u>Kraft</u>	Beverages	18 days (dry mix) 60 days (bottles or pouches)	Kraft	3/1/2003	Kraft products only
Lemon Juice (frozen concentrate)	Beverages	18 months	N/A	6/1/1997	
Orange Juice (canned)	Beverages	24 months	N/A	6/1/1997	
Pineapple Juice (canned)	Beverages	24 months	N/A	6/1/1997	
Refrigerated Drinks-Assorted (glass) <u>Ocean Spray</u>	Beverages	90 days	Ocean Spray	3/1/2003	Ocean Spray only
Refrigerated Drinks-Citrus (glass bottles) <u>Ocean Spray</u>	Beverages	60 days	Ocean Spray	3/1/2003	Ocean Spray only
Refrigerated Drinks-Citrus (plastic bottles) <u>Ocean Spray</u>	Beverages	30 days	Ocean Spray	3/1/2003	Ocean Spray only
Refrigerated juices (Tropicana)	Beverages	7 days	Tropicana	3/16/2004	Tropicana only
Refrigerated Non-citrus drinks-Assorted (plastic & can) <u>Ocean Spray</u>	Beverages	60 days	Ocean Spray	3/1/2003	Ocean Spray only
Slimfast	Beverages	2 months	Unilever Bestfoods	6/26/2006	Unilever Bestfoods only

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Tang drink & Health Quenchers Kraft	Beverages	18 days (dry mix) 60 days (bottles or pouches)	Kraft	3/1/2003	Kraft products only
Tea Instant	Beverages	3 years	N/A	12/23/2003	
Tea Instant mixes Lipton	Beverages	3 years	Unilever Bestfoods	1/19/2006	Lipton only , 6 month extension - Network Connection - Volume 2, Issue 3
YooHoo drinks	Beverages	see comments			Product doesn't come with sell-by date because yoo-hoo website states that product does not go bad (airtight containers).
Bagels (frozen)	Breads & Cereal	2 months	N/A	12/23/2003	
Bakery Mix Biscuit type	Breads & Cereal	12 months	N/A	6/1/1997	
Bread dough (frozen)	Breads & Cereal	0 days	N/A	12/23/2003	
Cereal	Breads & Cereal	6 months	General Mills	2/1/2007	General Mills only
Cereal - All types	Breads & Cereal	12 months	N/A	6/1/1997	
Cereal (2 lb or greater plastic bags) Kellogg	Breads & Cereal	15 months	Kellogg's	3/7/2003	Good for 15 months from manufacture date.
Cereal (family-sized) Kellogg	Breads & Cereal	90 days	Kellogg's	3/7/2003	Kellogg only
Cereal (small boxes (2.0 oz or less)) Kellogg	Breads & Cereal	12 months	Kellogg's	3/7/2003	Good for 12 months from manufacture date.
Cereal Bars	Breads & Cereal	60 days	Nabisco	7/5/2005	Nabisco only
Cereal, cook before eating	Breads & Cereal	12 months	N/A	12/23/2003	
Cereal, ready-to-eat	Breads & Cereal	12 months	N/A	12/23/2003	

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Cinnamon rolls	Breads & Cereal	60 days	General Mills	2/1/2007	General Mills only
Corn Flake Crumbs & Croutettes Kellogg	Breads & Cereal	27 months	Kellogg's	3/7/2003	Good for 27 months from manufacture date.
Cornmeal	Breads & Cereal	12 months	N/A	6/1/1997	
Cream of Wheat, Cream of Rice Kraft	Breads & Cereal	60 days	Kraft	3/1/2003	Kraft products only
Crissant or Danish	Breads & Cereal	45 days	General Mills	2/1/2007	General Mills only
Dough - canned	Breads & Cereal	7 days	General Mills	2/1/2007	General Mills only
Eggo waffles & pancakes	Breads & Cereal	15 months	Kellogg's	3/7/2003	Good for 15 months from manufacture date.
Flour - All types	Breads & Cereal	12 months	N/A	6/1/1997	
Grits-Corn	Breads & Cereal	12 months	N/A	6/1/1997	
Oats Rolled	Breads & Cereal	12 months	N/A	6/1/1997	
Wheat Quick Rolled	Breads & Cereal	12 months	N/A	6/1/1997	
Chocolate	Candy	18-24 months	N/A	12/23/2003	
M&M and Mars	Candy	4 weeks	M&M and Mars	3/1/2003	M&M and Mars only
Bacon Bits (imitation)	Condiments	4 months	N/A	12/23/2003	
BBQ sauce	Condiments	12 months	N/A	12/23/2003	
Catsup	Condiments	18 months	N/A	6/1/1997	
Chili Sauce	Condiments	12 months	N/A	12/23/2003	
Cocktail sauce	Condiments	12 months	N/A	12/23/2003	
Dijonnaise Hellmann's	Condiments	12 months	Unilever Bestfoods	1/19/2006	Hellmann's only , 3 month extension - Network Connection - Volume 2, Issue 3

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Gravy - Heinz	Condiments	18 months	N/A	6/1/2008	Heinz website info
Gravy (canned)	Condiments	5 years	N/A	12/23/2003	5 yrs from manufacture date
Guacamole	Condiments	4 months	N/A	12/23/2003	
Horseradish & Chutney sauces	Condiments	12 months	N/A	12/23/2003	
Jelly & Jams	Condiments	12 months	N/A	12/23/2003	
Ketchup	Condiments	18 months	N/A	6/1/1997	
Ketchup-Carb option	Condiments	3 months	Unilever Bestfoods	6/26/2006	Unilever Bestfoods only
Ketchup-Heinz	Condiments	12 months	N/A	6/1/2008	Heinz website info
Mayo, Miracle Whip, Sauceworks Kraft	Condiments	60 days	Kraft	3/1/2003	Kraft products only
Mayonnaise	Condiments	3 months	N/A	12/23/2003	
Mayonnaise Hellmann's	Condiments	3 months	Unilever Bestfoods	1/19/2006	Hellmann's only , 3 month extension - Network Connection - Volume 2, Issue 3
Mustard	Condiments	12 months	N/A	12/23/2003	
Olives, black & green	Condiments	18 months	N/A	12/23/2003	
Peanut Butter	Condiments	18 months	N/A	6/1/1997	
Peanut Butter Skippy , in plastic containers	Condiments	18 months	Unilever Bestfoods	1/19/2006	Skippy only , 5 month extension - Network Connection - Volume 2, Issue 3
Peanut Butter Stix Skippy	Condiments	18 months	Unilever Bestfoods	1/19/2006	Skippy only , 3 month extension - Network Connection - Volume 2, Issue 3
Pickles	Condiments	12 months	N/A	12/23/2003	
Pickles (Claussen)	Condiments	30 days	Kraft	3/1/2003	Kraft products only

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Salad dressings (bottled)	Condiments	12 months	N/A	12/23/2003	
Salad dressings (bottled) Wish-Bone	Condiments	12 months	Unilever Bestfoods	1/19/2006	Wish-Bone only , - Network Connection - Volume 2, Issue 3
Salsa	Condiments	24 months	N/A	6/1/1997	
Salsa, picante, taco sauces	Condiments	12 months	N/A	12/23/2003	
Sauces (Bull's Eye, BBQ) Kraft	Condiments	60 days	Kraft	3/1/2003	Kraft products only
Shake & Bake, spices Kraft	Condiments	60 days	Kraft	3/1/2003	Kraft products only
Squeeze-It Skippy	Condiments	18 months	Unilever Bestfoods	1/19/2006	Skippy only , 2 month extension - Network Connection - Volume 2, Issue 3
Syrup-Maple	Condiments	12 months	N/A	12/23/2003	
Worcestershire sauce	Condiments	1 year	N/A	12/23/2003	
Breakfast drink (shelf stable dairy product)	Dairy	6 months	N/A	5/26/2005	Website info
Butter	Dairy	3 months	N/A	12/23/2003	9 months frozen
Butter & Margarine (Fleischmann's Blue Bonnet & Parkay)	Dairy	60 days	Nabisco	7/5/2005	Nabisco only
Butter & Margarine, flavored spreads	Dairy	60 days	Land O' Lakes	3/1/2003	Land O'Lakes only

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Cheese (hard)	Dairy	6 months	N/A	12/23/2003	
Cheese (Natural & Processed)	Dairy	45 days	Land O' Lakes	3/1/2003	Land O'Lakes only
Cheese-cottage	Dairy	1 week	N/A	12/23/2003	
Cheese-Grated (Kraft)	Dairy	60 days	Kraft	3/1/2003	Kraft Cheese products only
Cheese Sauces #10 cans & 9 oz cans	Dairy	12 months	Land O' Lakes	3/1/2003	Land O'Lakes only
Cheese-sliced, & Pollio	Dairy	30 days	Kraft	3/1/2003	Kraft Cheese products only
Cheese Whiz Kraft	Dairy	60 days	Kraft	3/1/2003	Kraft Cheese products only
Cheesecake (Kraft O)	Dairy	60 days	Kraft	3/1/2003	Kraft Cheese products only
Cream Cheese, Natural Cheese (Chunks/bars) Churney Cheese, Kraft	Dairy	30 days	Kraft	3/1/2003	Kraft Cheese products only
Egg beaters (Fleischmann 's)	Dairy	30 days	Nabisco	7/5/2005	Nabisco only
Egg Beaters frozen Conagra	Dairy	120 days	Conagra	12/11/2006	Conagra only
Egg Beaters refrigerated Conagra	Dairy	60 days	Conagra	12/11/2006	Conagra only
Egg mix (dried)	Dairy	15 months	N/A	6/1/1997	
Egg substitutes (frozen)	Dairy	12 months	N/A	12/23/2003	

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Margarine	Dairy	5 months	N/A	12/23/2003	12 months frozen
Milk half & half	Dairy	0 days	Land O'Lakes	3/1/2003	Land O'Lakes only
Milk, canned evaporated	Dairy	12 months	N/A	12/23/2003	
Phillie snack bars	Dairy	30 days	Kraft	3/1/2003	Kraft products only
Soy milk	Dairy	12 months		7/29/2005	
Spreads, Refrigerated Country Crock	Dairy	60 days	Unilever Bestfoods	1/19/2006	Country Crock only, 2 extension - Network Connection - Volume 2, Issue 3
Spreads, Refrigerated Promise	Dairy	60 days	Unilever Bestfoods	1/19/2006	Promise only, 2 month extension - Network Connection - Volume 2, Issue 3
Yogurt & Yoplait General Mills	Dairy	14 days	General Mills	2/1/2007	General Mills only
Yogurt, Sour Cream, Cottage Cheese, Dips- Sour cream based Kraft	Dairy	15 days	Kraft	3/1/2003	Kraft (Breyers, Cool-Whip, Jello, Knudsen, Light n' Lively, Breakstone)
Chocolate syrup	Desserts	24 months	N/A	12/23/2003	
Cocoa & cocoa mixes	Desserts	indefinitely	N/A	12/23/2003	
Dream Whip (Kraft)	Desserts	60 days	Kraft	3/1/2003	Kraft products only
Dry packaged desserts (Jell-o, No bake) Kraft	Desserts	60 days	Kraft	3/1/2003	Kraft products only
Gel cups with fruit packed in plastic	Desserts	90 days	Del Monte	8/28/2006	Del Monte only
Gelatin, flavored	Desserts	18 months	N/A	12/23/2003	

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Ice cream	Desserts	4 months	N/A	12/23/2003	
Jello (ready to eat)	Desserts	30 days	Kraft	3/1/2003	Kraft products only
Marshmallows	Desserts	4 months	N/A	12/23/2003	
Minute Rice Kraft	Desserts	60 days	Kraft	3/1/2003	Kraft products only
Pudding (Kraft)	Desserts	60 days	Kraft	3/1/2003	Kraft products only
Pudding mixes	Desserts	12 months	N/A	12/23/2003	
Pudding/Gelatin (Handi Snack Desserts) Kraft	Desserts	60 days	Kraft	3/1/2003	Kraft products only
Sure-Jell	Desserts	60 days	Kraft	3/1/2003	Kraft products only
Tapioca (Kraft)	Desserts	60 days	Kraft	3/1/2003	Kraft products only
Toaster pastries (fruit filled)	Desserts	6 months	N/A	12/23/2003	
Whipped topping	Desserts	6 months	N/A	12/23/2003	
Burritos (frozen)	Entrees	2 months	N/A	12/23/2003	Until product appears bad
Kraft Meals (Lunchbreaks)	Entrees	60 days	Kraft	3/1/2003	Kraft products only
Mac n' cheese & Liquid Dinners Kraft Dinners	Entrees	60 days	Kraft	3/1/2003	Kraft products only
Pancakes/waffles (frozen)	Entrees	2 months	N/A	12/23/2003	
Pasta & Sauce (DiGiorno)	Entrees	60 days	Kraft	3/1/2003	Kraft must be frozen to apply 60 day extension
Pasta- dry packaged	Entrees	2 years	N/A	12/23/2003	
Pasta Salads Kraft	Entrees	60 days	Kraft	3/1/2003	Kraft products only

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Taco Bell Kits, shells, tortillas <u>Kraft</u>	Entrees	60 days	Kraft	3/1/2003	Kraft products only
TV dinners	Entrees	3 months	N/A	12/23/2003	Until product appears bad
Apples & Applesauce (canned)	Fruit	24 months	N/A	6/1/1997	
Apricots (canned)	Fruit	24 months	N/A	6/1/1997	
Blackberries/Blueberries (Frozen)	Fruit	18 months	N/A	6/1/1997	
Cherries (frozen)	Fruit	24 months	N/A	6/1/1997	
Dates (frozen)	Fruit	12 months	N/A	6/1/1997	
Figs-dried	Fruit	18 months	N/A	6/1/1997	
Fruits - canned	Fruit	18 months	N/A	12/23/2003	
Fruits- dried	Fruit	6 months	N/A	12/23/2003	
Fruits-berries, melons (frozen)	Fruit	6 months	N/A	12/23/2003	
Mixed Fruit (canned)	Fruit	24 months	N/A	6/1/1997	
Peaches (canned)	Fruit	24 months	N/A	6/1/1997	
Pears (canned)	Fruit	18 months	N/A	6/1/1997	
Pineapple (canned)	Fruit	24 months	N/A	6/1/1997	
Plums (canned)	Fruit	18 months	N/A	6/1/1997	
Prunes (dried)	Fruit	9 months	N/A	6/1/1997	
Raisins	Fruit	9 months	N/A	6/1/1997	
Beans, dried	Legumes	12 months	N/A	12/23/2003	
Beans-canned (all types)	Legumes	36 months	N/A	6/1/1997	
Beans-dry (all types)	Legumes	12 months	N/A	6/1/1997	

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Lentils, dried	Legumes	12 months	N/A	12/23/2003	
Peanuts (shelled)	Legumes	24 months	N/A	6/1/1997	
Peas (canned)	Legumes	36 months	N/A	6/1/1997	
Peas (frozen)	Legumes	indefinitely	N/A	6/1/1997	Until product appears bad
Peas-Blackeyed (canned)	Legumes	36 months	N/A	6/1/1997	
Peas-canned & split dry	Legumes	12 months	N/A	6/1/1997	
Ham--Honey-Baked John Morrell	Meat	N/A	John Morrell	3/1/2003	For on-site feeding only (John Morrell hams only)
Bacon (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Bacon Oscar Meyer, Louis Rich	Meats	60 days	Kraft	3/1/2003	Kraft products only
Beef (canned)	Meats	36 months	N/A	6/1/1997	
Beef (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Beef patties (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Beef roast (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Beef-ground (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Beef-Slim Jims	Meats	5 months	Conagra	1/7/2007	Based on extension given on yellow load.
Chicken (canned)	Meats	2-5 years	N/A	12/23/2003	
Chicken (canned)	Meats	36 months	N/A	6/1/1997	
Chicken-fried (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Chicken-ground (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Chicken parts (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Chicken-parts (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Chicken thighs (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Chicken-whole (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Chicken-Cut up (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Chicken-diced (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Corned beef (with pickling juices) (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Duck- whole (frozen)	Meats	6 months	N/A	12/23/2003	Until product appears bad
Fish (canned)	Meats	2-5 years	N/A	12/23/2003	
Fish nuggets (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Giblets (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Goose-whole (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Ground meat (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Ham, whole cooked (Frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Ham-boneless (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Ham-canned (refrigerated)	Meats	9 months	N/A	12/23/2003	

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Hot Dogs (sealed in package) (Frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Lamb (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Liver, tongue, chitterlings (Variety meats) (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Lunch Meats (sealed in package) (Frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Lunchables (Oscar Mayer)	Meats	60 days	Kraft	3/1/2003	Lunchables containing can drinks cannot be frozen
Luncheon meat (canned)	Meats	36 months	N/A	6/1/1997	
Meat (canned)	Meats	2-5 years	N/A	12/23/2003	
Meats (sandwich & deli type) Oscar Meyer, Louis Rich	Meats	60 days	Kraft	3/1/2003	Kraft products only
Pork (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Pork (canned)	Meats	36 months	N/A	6/1/1997	
Poultry-cooked (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Rotisserie chicken (frozen)	Meats	4 months	N/A	12/23/2003	
Salmon Pink (canned)	Meats	36 months	N/A	6/1/1997	

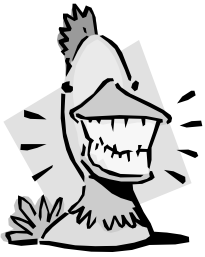
Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Sausages (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Steaks & Roasts (frozen)	Meats	12 months	N/A	12/23/2003	
Stew (canned)	Meats	2-5 years	N/A	12/23/2003	
Tun kits-Star Kist	Meats	NONE	Del Monte	8/28/2006	Del Monte only - Charlie lunch kits and lunch to go ONLY
Tuna Star-Kist	Meats	9 months	Del Monte	8/28/2006	Del Monte only -canned or pouches.
Turkey ground (frozen)	Meats	indefinitely	N/A	6/1/1997	
Turkey Roasts (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Turkey Whole (frozen)	Meats	indefinitely	N/A	6/1/1997	Until product appears bad
Turkey-parts (frozen)	Meats	indefinitely	N/A	12/23/2003	Until product appears bad
Distilled White Vinegar	misc	42 months	N/A	6/1/2008	Heinz website info
Macaroni/Spaghetti	pasta	36 months	N/A	6/1/1997	
Pizza (Tombstone, DiGiorno, Jack's & California Kitchen)	Pizza	30 days (labeled 90 days unlabeled)	Kraft	3/1/2003	Kraft products only
General Mills refrigerated items - miscellenous	refrigerated items	30 days	General Mills	2/1/2007	General Mills only

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Sauces, Hellmann's	Sauces	12 months	Unilever Bestfoods	1/19/2006	Hellmann's only , 3 month extension - Network Connection - Volume 2, Issue 3
Spaghetti sauce mix	Sauces	2 years	N/A	12/23/2003	
Tomato soup & vinegar based sauce (canned)	Sauces	18 months	N/A	12/23/2003	
Cooked fish (frozen)	Seafood	6 months	N/A	12/23/2003	
Crayfish (frozen)	Seafood	6 months	N/A	12/23/2003	
Fish-breaded (frozen)	Seafood	indefinitely	N/A	12/23/2003	Until product appears bad
Fish-raw (frozen)	Seafood	indefinitely	N/A	12/23/2003	Until product appears bad
Lobster tails	Seafood	3 months	N/A	12/23/2003	
Oysters (frozen)	Seafood	6 months	N/A	12/23/2003	
Scallops (frozen)	Seafood	indefinitely	N/A	12/23/2003	Until product appears bad
Shrimp	Seafood	12 months	N/A	12/23/2003	
Country Crock SIDE dishes	Sides	NONE	Unilever Bestfoods	6/26/2006	Unilever Bestfoods only
Cranberry and other sauces Ocean Spray	Sides	90 days	Ocean Spray	3/1/2003	Ocean Spray only
Minute Rice (Kraft)	Sides	60 days	Kraft	3/1/2003	Kraft products only
Refried Beans (Kraft)	Sides	120 days	Kraft	3/1/2003	Kraft products only
Rice, brown	Sides	1 year	N/A	12/23/2003	

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Rice, white or wild	Sides	2 years	N/A	12/23/2003	
Side dishes/deli salads Country Crock	Sides	60 days	Unilever Bestfoods	1/19/2006	Country Crock only , no extension - Network Connection - Volume 2, Issue 3
Stove Top Stuffing	Sides	60 days	Kraft	3/1/2003	Kraft products only
Carmel Corn w/ nuts	Snacks	90 days	N/A	4/25/2005	Website info
Cookies	Snacks	8 months			
Cookies (Bakery type)	snacks	2 months	N/A	12/23/2003	
Cookies Keebler	Snacks	4 months	Keebler	3/7/2003	Keebler only
Cracker Jacks	Snacks	90 days	N/A	4/25/2005	Website info
Crackers	snacks	8 months	N/A	12/23/2003	
Crackers (Handi Snack, Snack Box)	Snacks	60 days	Kraft	3/1/2003	Kraft products only
Crackers Keebler	Snacks	4 months	Keebler	3/7/2003	Keebler only
Craisins	snacks	120 days	Ocean Spray	3/1/2003	Ocean Spray only
Fruit Snacks	Snacks	6 months	N/A	4/21/2005	Fresh to 8 weeks past sell by date, good to at least 6 months.
Gummy Bears	Snacks	6 months	N/A	4/21/2005	Fresh to 8 weeks past sell by date, good to at least 6 months.
Ice cream cones Keebler	snacks	4 months	Keebler	3/7/2003	Keebler only
Ice Cream Cones Keebler	Snacks	4 months	Keebler	3/7/2003	Keebler only
NABISCO Snacks (ALL)	Snacks	60 days	Nabisco	7/5/2005	Nabisco only
Nuts, jars or cans	snacks	12 months	N/A	12/23/2003	
Product	Product	Extension	Vendor	Effective	Remarks

	Type	period		Date	
Pie crusts & cones Keebler	Snacks	4 months	Keebler	3/7/2003	Keebler only
Popcorn (dry in jar)	snacks	2 years	N/A	12/23/2003	
Popcorn (microwave)	snacks	12 months	N/A	12/23/2003	
Potato chips	snacks	2 months	N/A	12/23/2003	
Snack Bars Skippy	Snacks	6 months	Unilever Bestfoods	1/19/2006	Skippy only , 2 month extension - Network Connection - Volume 2, Issue 3
Broth (College Inn brand)	Soups	6 months	Del Monte	4/14/2004	Canned College Inn brand
Dry soups/bullion/dips Knorr only	Soups	12 months	Unilever Bestfoods	1/19/2006	Knorr's only , 6 month extension - Network Connection - Volume 2, Issue 3
Soup - aseptic-pack Knorr	Soups	12 months	Unilever Bestfoods	1/19/2006	Knorr's only , 6 month extension - Network Connection - Volume 2, Issue 3
Soup mixes	Soups	12 months	N/A	12/23/2003	
Soups (canned)	Soups	5 years	N/A	12/23/2003	
Soups (Del Monte private label soups)	Soups	12 months*	Del Monte	4/14/2004	*Good for 3 yrs from manufacturer date (whichever is longer)
Soups and Liquid broths Knorr only	Soups	5 years	Unilever Bestfoods	1/19/2006	Knorr's only , 3 month extension - Network Connection - Volume 2, Issue 3
Soups dry mix Lipton	Soups	12 months	Unilever Bestfoods	1/19/2006	Lipton only , 6 month extension - Network Connection - Volume 2, Issue 3
Slim-Fast - all products	various	various	Unilever Bestfoods	1/19/2006	Slim-Fast , 2 month extension on all products - Network Connection - Volume 2, Issue 3
Beans (canned)	Vegetables	5 years	N/A	12/23/2003	

Product	Product Type	Extension period	Vendor	Effective Date	Remarks
Carrots (canned)	Vegetables	30 months	N/A	6/1/1997	
Corn (canned)	Vegetables	5 years	N/A	12/23/2003	
Corn (cream)	Vegetables	36 months	N/A	6/1/1997	
Corn- frozen (Whole Kernel)	Vegetables	24 months	N/A	6/1/1997	
Corn-whole kernel (canned)	Vegetables	36 months	N/A	6/1/1997	
Green Beans (canned)	Vegetables	24 months	N/A	6/1/1997	
Green Giant canned vegetables	Vegetables	6 months	General Mills	2/1/2007	General Mills only
Mushrooms, dried	Vegetables	6 months	N/A	12/23/2003	
Pasta (canned)	Vegetables	5 years	N/A	12/23/2003	
Peas (canned)	Vegetables	5 years	N/A	12/23/2003	
Potatoes (canned)	Vegetables	5 years	N/A	12/23/2003	
Potatoes (dehydrated can)	Vegetables	12 months	N/A	6/1/1997	
Potatoes (dehydrated package)	Vegetables	6 months	N/A	6/1/1997	
Potatoes (frozen)	Vegetables	indefinitely	N/A	6/1/1997	Until product appears bad
Potatoes, instant	Vegetables	12 months	N/A	12/23/2003	
Spinach (canned)	Vegetables	5 years	N/A	12/23/2003	
Sweet potatoes (canned)	Vegetables	24 months	N/A	6/1/1997	
Tomato paste	Vegetables	24 months	N/A	6/1/1997	
Tomatoes (canned)	Vegetables	6 months	Del Monte	8/28/2006	Del Monte only
Tomatoes (canned)	Vegetables	24 months	N/A	6/1/1997	



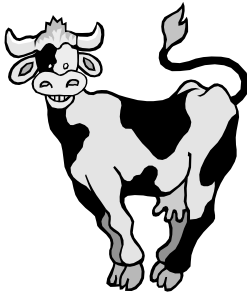
STORING CHICKEN

If properly packaged, these recommended storage times will keep chicken at top quality.

<i>Fresh Raw Chicken</i>		
Part of Chicken	Refrigerator (40°F)	Freezer (0°F)
Whole chicken	1-2 days	1 year
Chicken parts	1-2 days	9 months
Giblets	1-2 days	3-4 months
Ground chicken	1-2 days	3-4 months
<i>Cooked Chicken Leftovers</i>		
<i>Type of Chicken</i>	Refrigerator (40°F)	Freezer (0°F)
Fried chicken	3-4 days	4 months
Whole roasted chicken	3-4 days	4 months
Cooked chicken dishes	3-4 days	4-6 months
Chicken parts (plain)	3-4 days	4 months
Parts with gravy, broth	1-2 days	6 months
Chicken nuggets, patties	1-2 days	1-3 months

NOTE

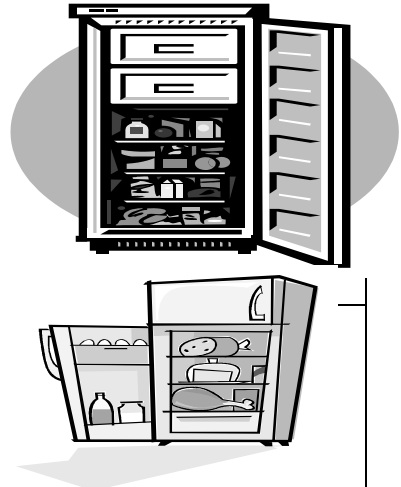
Commercially frozen chicken will maintain top quality in home freezer for up to 1 year.



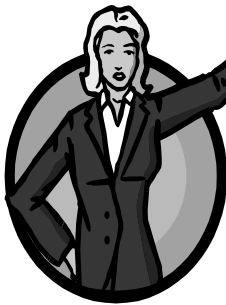
STORING & DEFROSTING BEEF

Freezer Storage & Defrosting Beef Timetables
Recommended storage time for maximum quality

<i>Beef in Freezer Wrapping</i>	
Types of Beef	Freezer (0°F or Colder)
Steaks, Roast	6-12 months
Ground Beef	3-4 months
Leftover Cooked Beef	2-3 months
<i>Defrosting Timetable</i>	
Type of Beef	In Refrigerator (36-40°F)
Large Roast	4-7 hours per pound
Small Roast	3-5 hours per pound
1-inch Thick Steak	12-14 hours total



Here's How Long You Can Keep These Foods.....



- Shelf Life Varies, mainly according to product ingredients.
 - Shelf-life refers to the amount of time a product can be stored before its quality begins to diminish.
 - Most non-dairy processed foods do not become unsafe after that time, but they might not taste their best.
- Most non-dairy processed foods have a shelf life of three months to two years, but the shelf life depends greatly on handling and storage conditions
- The following are conservative estimates:

<i>Food Item</i>	<i>Shelf Life Beyond Expiration Dates</i>
Brownie Mix	9 months
Dried Beans	12 months
Ketchup	12 months
Canned Foods	12 months
Packaged Cookies	2 months
Chocolate	12 months
Crackers	8 months
Flour	6-8 months
Canned Frosting	3 months
Ready-to-eat Cereal	6-12 months
Gelatin	18 months
Frozen TV Dinner	3 months
Frozen Vegetables	8 months
Ice Cream	2-4 months
Jellies	12 months
Bottled Juices	9 months
Margarine	4-6 months
Mayonnaise	2-3 months
Salted Nuts	6-8 months
Dried Pasta	2 years
Peanut Butter	6-9 months
Popcorn, Unpopped	2 years
Pudding Mixes	12 months
Rice	2 years
Rice Mixes	6 months
Salad Dressing	6-12 months
Sauces & Gravy Mixes	6-12 months
Soup Mixes	12 months
Sugar	2 years



HOW TO KNOW WHEN FOOD IS SPOILED

People often wonder when a food is unfit for human consumption. Many times, it is food, which has been refrigerated for an undetermined amount of time and may be unsafe to eat.

Here are some common characteristics of spoiled foods:



FISH

- Off odor
- Gray or greenish gills
- Sunken eyes
- Flesh easily pulled away from bones
- Mark of fingernail indentation remains in flesh
- Not rigid



RED MEAT

- Off odor
- Slimy to touch
- Beef usually spoils first on the surface; pork spoils first at meeting point of bone and flesh in the inner portions.



DRESSED POULTRY

- Off odor
- Slimy to touch
- Stickiness under wing, at the point where legs and body join, and on the upper surface of the tail.
- Darkening of wing tip.



FRUITS & VEGETABLES

- Obvious mold or rotten spot.



SALADS

- Off odor
- Chicken, tuna and other fish salads, no acid potato salad, all types of cold cuts must be kept refrigerated at all times.



CANNED FOODS

- Swelled top & bottom of can
- Signs of seepage
- Dents along side seams
- Foam
- Off odor
- Milkiness in juice
- Home canned food such as canned vegetables, meats, fish & poultry should be cooked thoroughly before eating, but when any of the above OBVIOUS defects occur, THROW THE CANNED FOOD AWAY properly, out of the reach of children & animals.



CEREAL

- Insects in cereal.



FROZEN FOODS

- Frozen Foods will spoil if kept out of the refrigerator for any great length of time.



LEFTOVER FOOD

- Discoloration
- Off color
- Any food that has not been refrigerated below 45 degrees F may be considered slightly spoiled; the off-odor of spoiled food is not always apparent; don't keep cooked food after 36 hours unless it is cooked again.
- Bacterial spoilage of food begins as soon as it becomes warm; refrigeration will delay this spoilage.

**CAUTION ~ ~ CAUTION ~ ~ CAUTION ~ ~ CAUTION ~ ~ CAUTION ~ ~
CAUTION ~ ~**

It is not always possible to identify spoiled food by taste or appearance. Many foods taste and appear to be safe and wholesome. Therefore, it is wise to observe the necessary precautions in handling, storing and using foods, particularly during the summer months.



**THIS JUST IN.....
A VERY IMPORTANT
FOOD SAFTEY TIP!!!**

In areas where food items are stored, there is always an increased probability of rats and mice. The can or box in which food is stored may protect the product inside from rat or mouse droppings or urine, but may not protect the person handling these containers or eating/drinking from them.

A study by the Center for Disease Control in Atlanta discovered that the dust from dried rodent droppings contains a harmful virus that can be ingested if a person is not careful.



Obviously, protecting your storage areas from rats and mice is a high priority. In addition, to be on the safe side, it is always good to remember and follow these safety tips.

Most of us remember to wash vegetables & fruits but never think of boxes & cans.

- Make sure that you wash the tops of any canned sodas or goods thoroughly with running water and soap, if not available drink with a straw.
- Always be careful to wipe off pasta packaging, cereal boxes and other boxed goods.

HOW SAFE IS YOUR FOOD? TEST YOURSELF

Don't let summer heat spoil your fun – or your food. Take the following quiz to see if you know when to shoo guests from the congealed coleslaw. (Answers below)

- 1) If the power goes out or the fridge fails, which of these is safe to keep?
 - a) Butter
 - b) Hard Cheeses
 - c) Jam
 - d) Mayonnaise
 - e) All of the above

- 2) Food poisoning from sliced fruit is a worry.

True
False

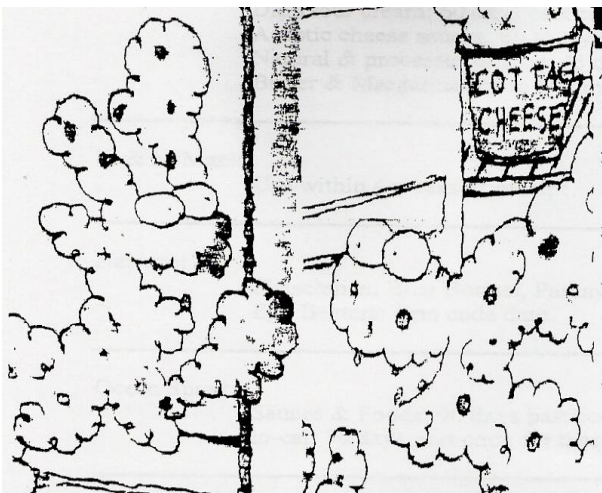
- 3) At a picnic, your potato salad and cold cuts are safe to eat up to
 - a) One hour
 - b) Two hours
 - c) Three hours
 - d) All day

- 4) After marinating meat, it's okay to use some of the marinade as a sauce.

True
False

- 5) Most food poisonings occur when cooked food cools.

True
False



Answers

1. **E** – If they smell fine, they are. Kept cool, these staples can last days.
2. **False** – While fruit left out is generally safe, people have gotten sick from melons – they are less acidic. Play it safe: Serve slices over ice.
3. **A** – Never leave a meal in the heat for more than an hour – and include the time it was in the car.
4. **False** – If raw meat has been soaking in it the marinade is suspect. Set aside some of the sauce before you begin, and apply it with a clean brush when the meat is done.
5. **True** – A dish must go from the oven to the dinner table to the fridge in under four hours. Otherwise, bacteria will have a chance to thrive in the danger zone – temperatures between 41° and 140°.



HOW LONG CAN YOU USE FOOD AFTER ITS EXPIRATION DATE?

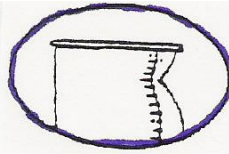
<i>Company</i>	<i>Food Item</i>	<i>Shelf Life Beyond Expiration Dates</i>
Kellogg's	Cereal	Discard 90 days past date
	Dry (pop tarts, nutrigrain bars, etc.)	Use up to 4 months past date
Kraft	Dry	Up to 60 days past code
	Refrigerated	30 days past code
	DiGiorno Pizza	Firm date unless frozen
	Cultured products (sour cream, yogurt)	15 days past code
Land O'Lakes	Dips, sour cream	60 days past code
	Aseptic cheese sauces	Up to 1 yr. past code
	Natural & processed cheese	45 days past code
	Butter & Margarine	Up to 60 days past code
M & M/Mars	All products	Use within 4 weeks of receipt
Nabisco	Fleischmann, Blue Bonnet, Parkay	30 days past code
	Egg Beaters	Firm code date
Ocean Spray	Sauces & Foods	90 days past code
	Juices with citrus, guava, light-style & lo-cal on label	30 days past code

GUIDELINES FOR EVALUATING CANNED FOOD CONTAINERS

Discard cans with:

Severe dents on side seam.

1



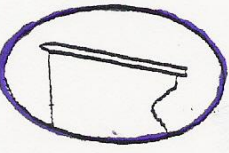
Sharp dents parallel to rim.

2



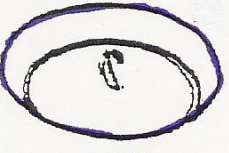
Sharp dents in the side that prevent stacking.

3



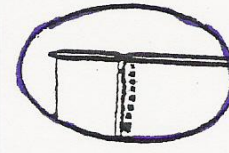
Buckled or pinched tops & bottoms.

4



Side seam incomplete "blown out" or miswelded.

5



Dirt under pull tab.

6

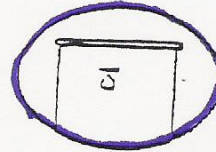


Pits or pinholes.

7

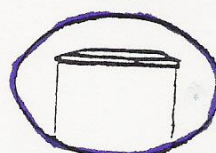


8



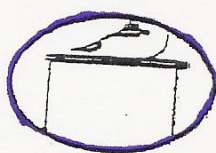
Leaks.

9



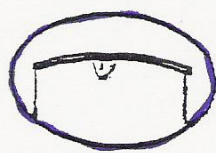
Bulges or puffed ends.

10



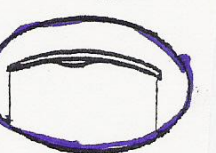
Ends that give or pop & bulge on the other end when pushed.

11



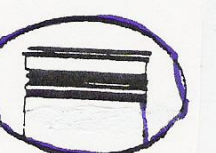
Severe dents on the rim, seams or bent rims.

12



Cuts or misformed rims & loose tops.

13



No label.

14



Rust that won't rub off.

IF IN DOUBT, THROW IT OUT!!!!

THE DATING GAME



It's breakfast time, and you're craving a cheese omelet. Your carton of eggs says, "EXPFEB12"; the cheddar says, "use by Feb. 23"; the milk says, "Sell by March 1." It's March 4. Can you safely scramble, or should you switch to cereal, which is telling you, "Best if used by 3-5"? If you're unsure, you're not alone. The boxes, cans, and cartons in our kitchens are trying to tell us something, but we may not be getting the message.

Except for poultry, infant formula, and some baby food, product dating is not required by the federal government, but more than 20 states mandate dating of some foods. When dates applied, generally by the manufacturer and occasionally by the store, they're stated in a variety of ways: You might see Nov. 25, 11-25 or 1125. The terms used are somewhat flexible, too, since there's no standard. Here, words to the wise about the words on foods:

- **"Use by," "best if used by," or "quality assurance" date:** The last date the product is likely to be at peak flavor or quality. One of these dates is often placed on foods such as cereal, which may decline in flavor and quality. It doesn't mean the food is unsafe after that date.
- **"Sell by" or "pull":** An indication, to the retailer, of the last day on which a product should be sold. It takes into account time for the food to be stored and used at home. You should buy it before the date, but don't have to use it by then. You should be able to use milk, say, for up to about seven days after the sell-by date.
- **Pack or package date:** The date the food – fresh meat, for example – was packed or processed. Consumers can tell which package is fresher and choose that one. A pack date isn't an indication of safety.
- **"Expiration":** For most foods, this indicates the last date on which they should be eaten or used. Eggs are an exception: If you buy federally graded eggs before the expiration date (which must be no more than 30 days from when they were put in the carton), you should be able to use them safely for the next 3 to 5 weeks.
- **"Born on":** Initiated by Anheuser-Busch, it's supposed to let buyers choose the freshest beer. According to the company, its beer is freshest and taste best with 110 days from the born-on date.
- **Coded date:** A series of letters or numbers or both used to track foods across state lines and, if necessary, recall them. The code isn't meant as a use-by date.
- **Other words to the wise:** As a rule, high-acid canned foods such as tomatoes can be stored on the shelf for 12 to 18 months; properly stored low-acid canned foods such as meat, fish, and most vegetables will keep 2 to 5 years. Don't use a can that's bulging. If perishable food are packaged and frozen properly, they will be safe to eat after the expiration date, although the food may suffer freezer burn if its stored for a long time. And if a food bears a date without words? Unfortunately, you'll have to guess what it means.